

Ki'eshgitabaaning



Cultural & Healing Lodge

WELLNESS CIRCLE GATHERING

TRADITIONAL TEACHINGS FOCUSED ON GRIEF

Location: Hosted locally in your community upon request

PERSONAL HEALING USING OUR ANCIENT TRADITIONAL ANISHINAABE TEACHINGS

- Sharing and teaching ancient Anishinaabe protocols
- Supporting the grieving process
- Learning traditional knowledge and healing ways

By attending this two-day workshop, participants will receive teachings in ancestral spirituality and guidance in the sacred ways of grieving. Together we will walk gently with the knowledge of our ancestors, learning how to carry our grief in a good way.

Day 1

Traditional Spiritual Practices

Teachings on how our ancestors lived in balance, using ceremony, song, and connection to the land as a foundation for healing. Participants will learn practices that strengthen the spirit and bring peace to the heart.

Day 2

Traditional Sacred Ways of Grieving

Teachings on how the Anishinaabe approached loss and grief with ceremony, sacred items, and ancestral guidance. Participants will learn traditional ways to honour their loved ones, release sorrow, and walk forward with strength.

Facilitator

Mide'Kiwenzie

Traditional Knowledge Keeper, Jisikii,
7th Doorway Midewiwin, Pizhew

And helpers of Ki'eshgitabaaning Cultural and Healing Lodge

For more information:

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