

# WELLNESS CIRCLE GATHERING

## TRADITIONAL HEALING METHODS FOR GRIEF

**Location:**  
Hosted locally  
in your  
community  
upon request

**Personal healing using our ancient  
traditional Anishinaabe teachings**

This is a gathering for sharing and teaching  
ancient traditional protocols and methods  
that will help through the grieving process.  
This differs from a counseling session in that  
it is about learning ancient ways and our  
traditional knowledge protocols

**Facilitator Alo White (Mide-Kiwenzie), Traditional  
Knowledge Keeper of the Ancient Anishinaabe  
Ancestors, 7 Doorway Midewiin, Pizhew  
Elder Carla Whitefeather, Midewiin, Helper**

**For more info:  
807.407.9000  
[info@firstnationelders.com](mailto:info@firstnationelders.com)**

Ki'eshgitabaaning



Cultural & Healing Lodge